

December 2020 HOPE Community School SFSP K-12 Distant Learners and Take Home Bundle Meals

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch		Make Khaub Poon Chix & Noodles & Elf Grahams	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips
Veg Lunch Option		Cheese Cup, Corn Chips String Cheese	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Hard Cooked Eggs WG Mini French Toast Bag	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel
All Lunches Receive		Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk
Breakfast		Corn Muffin (1 item) 100% 4oz Juice & Applesauce	WG Apple Donut (1 item) 100% 4 oz Juice & Craisins	Mini Cinnis (1 item) 100% 4 oz Juice & Craisins	Cereal Bowl (1 item) 100% 4 oz Juice & Craisins	Mini Waffle Bag (1 item) 100% 4 oz Juice & Craisins	BC Cinnamon Roll (1 item) 100% 4 oz Juice & Craisins
Week IV		Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)
Lunch	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Make Bean Thread Noodle Beef, Bean Thrd Noodle & Chips	Baked Pork Brown Rice	Baked Pork Brown Rice	Baked Pork Brown Rice	Baked Pork Brown Rice	Baked Pork Brown Rice
Veg Lunch Option	Cheese Bun Cool Ranch Doritos	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick WG Mini Pancake Bag	Cheese Cup, Corn Chips String Cheese	Cheese Bun
All Lunches Receive	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk
Breakfast	2 oz Assorted Breakfast Bread (1 item) 100% 4 oz Juice & Craisins	Cereal Bowl (1 item) 100% 4 oz Juice & Craisins	Pop Tart (1 item) 100% 4oz Juice & Applesauce	Mini Pancake Bag (1 item) 100% 4oz Juice & Applesauce	Cereal Bowl (1 item) 100% 4oz Juice & Applesauce	Corn Muffin (1 item) 100% 4oz Juice & Applesauce	WG Apple Donut (1 item) 100% 4oz Juice & Applesauce
Week V	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)
Lunch	Baked Pork Brown Rice	Baked Pork Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Chicken Leg Brown Rice
Veg Lunch Option	Yogurt, Cheese Cubes Stuffed Crm Chz Bagel	Cheese Cup, Corn Chips String Cheese	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich	Hard Cooked Eggs (2) WG Mini French Toast Bag	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel
All Lunches Receive	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk
Breakfast	1.5 oz Breakfast Brekkie (1 item) 100% 4oz Juice & Applesauce	Honey Bun (1 item) 100% 4oz Juice & Applesauce	Assorted Muffin (1 item) 100% 4 oz Juice & Craisins	Stuffed Cream Cheese Bagel (1 item) 100% 4 oz Juice & Craisins	Buttery Maple Waffle (1 item) 100% 4 oz Juice & Craisins	2 oz Assorted Breakfast Bread (1 item) 100% 4 oz Juice & Craisins	Cereal Bar (1 Item) 100% 4 oz Juice & Craisins
Week VI	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)
Lunch	Chicken Leg Brown Rice	Chicken Leg Brown Rice	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish
Veg Lunch Option	Cheese Bun	Yogurt Cup, Cheese Stick Honey Bun	Wow Butter Cup, Chz Stick WG Bagel	Cheese Sandwich on Wheat Bread	Yogurt Cup, Cheese Stick WG Mini Pancake Bag	Hard Cooked Eggs Cinnamon Grahams	Wow Butter Cup, Chz Stick WG Bagel
All Lunches Receive	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk
Breakfast	Cereal Bowl (1 item) 100% 4 oz Juice & Craisins	Mini French Toast (1 item) 100% 4 oz Juice & Craisins	Mini Cinnis (1 item) 100% 4oz Juice & Applesauce	WG Apple Donut (1 item) 100% 4oz Juice & Applesauce	Cereal Bowl (1 item) 100% 4oz Juice & Applesauce	Mini Waffle Bag (1 item) 100% 4oz Juice & Applesauce	BC Cinnamon Roll (1 Item) 100% 4oz Juice & Applesauce
Week I	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)
Lunch	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Make Pho Meatballs, Noodles & Giant Cinnamon Goldfish	Chicken Wings Brown Rice	Chicken Wings Brown Rice	IT IS NOT WHAT IT IS White Chocolate does not contain chocolate. Strawberry does not belong to the Berry Family. Almonds are not nuts; They are seeds. Eggplant is not a vegetable. It is actually a berry.		
Veg Lunch Option	Yogurt, Cheese Cubes Stuffed Crm Chz Bagel	Cheese Cup, Corn Chips String Cheese	Cheese Bun	4.6 oz Wowbutter & Jelly Sandwich			
All Lunches Receive	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk	Vegetable/s & Fruit/s Milk			
Breakfast	Pop Tart (1 item) 100% 4oz Juice & Applesauce	Mini Pancake Bag (1 item) 100% 4oz Juice & Applesauce	Cereal Bowl (1 item) 100% 4 oz Juice & Craisins	Honey Bun (1 item) 100% 4 oz Juice & Craisins			
Week II	Milk (OVS)	Milk (OVS)	Milk (OVS)	Milk (OVS)			

Instructions for packing the bundled Meals

****Please Pack Red Print Items for BREAKFAST / LUNCH / SNACK / DINNER in one bag for Refrigeration. Attach Refrigeration Label to Bag.

****Please Pack All Black Ink Items in one bag (These are all Shelf Stable)