

Nystrom and Associates

1-844-374-8893

<https://www.nystromcounseling.com/>

Nystrom & Associates are professional care providers that can help individuals and families that are experiencing personal, emotional, marital, or psychological challenges.

PrairieCare

952-826-8475

prairie-care.com

PrairieCare provides specialized psychiatric services for all ages.

Ramsey County Children's Crisis

651-266-7878

Support from local mental health crisis workers is available 24/7. They can meet you in person or talk to you over the phone to address the crisis.

Suicide Hotlines

- Anoka County Crisis Hotline
(763)-755-3801
- Crisis Text Line
Text 'MN' to 741741
- Minneapolis area Crisis Hotline for Children (ages 17 & younger)
(612)-348-2233
- Minneapolis area Crisis Hotline for Adults (ages 18 & older)
(612)-596-1233
- National Suicide Prevention Lifeline
1-800-273-8255
- St. Paul area Crisis Hotline
(651)-266-7900
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Walk-In Counseling Center

612-870-0565

<https://walkin.org/>

*Walk ins welcome, no appointment necessary

Wilder Foundation

651-280-2000

wilder.org

Wilder offers support for children, adults and families experiencing mental health conditions and for adults with substance use disorders and addiction concerns with outpatient services.

Please contact the counseling office at 651-209-8002 with further questions and help with referrals.