This special event is a three day life changing experience that is transformative by nature. Participants will uncover their gaps in their communication and influence in all relationships both personal and professional as well as have the opportunity to gain an objective view on areas they are still not stepping into the full responsibility of their results or the power they really have.

Day One: The tools offered in the first segment of the class will have participants operating in new levels of communication and interpersonal mastery, leading to a greater understanding of the people around them. These skills will help participants to be as successful as possible and get better results with every relationship in their lives. When we understand what drives us and others through a new, objective perspective, our influence in our relationships grows exponentially. This segment ends with an opportunity to get out of disempowering thought patterns and see the value in a more responsible viewpoint.

Day Two: The second segment of the class goes into opportunities on letting go of past resentments and failures with new tools to truly have a new sense of resiliency and drive to take on monster goals. Followed by new strategies in goal setting and obstacle removal strengths. All this on top of a eyeopening opportunity that spotlights how they currently default and give away power in their lives like they have never had the format to ever see it so clearly ever before.

Day Three: The third segment moves into a new opportunity to take all they have learned about themselves and others to a true long lasting application of self-mastery and ownership of self that they will be able to leverage in a real and results oriented way immediately and proficiently into their life.

Q: What is Insight?
A: This special event is a three day life changing experience that is transformative by nature. Participants will uncover their gaps in their communication and influence in all relationships both personal and professional as well as have the opportunity to gain a objective view on areas they are still not stepping into the full responsibility of their results or the power they really have.
TAKEAWAYS INCLUDE:

• Better techniques for stress management
• Better solution orientation
• Better life balance strategies
• Clearer definition of personal strengths and leverage components
• Truer sense of self
• More self-confidence
• Clearer vision of success
• Getting out of victim mentality
• More effective communication
• Deeper understanding of cognitive framing
• Higher application of the law of attraction
• Moving through past and current conflicts faster and with less emotional baggage
• Extending all results into their professional and personal realms
Inwood Oaks is a beautifully renovated event venue with a grand ballroom & flexible additional spaces. The sophisticated & elegant interiors are matched with sleek, modern elements that can be transformed to fit any style of event. Whether you are looking for an intimate soiree, an extravagant gala, or a romantic wedding, Inwood Oaks is the perfect space to impress your guests.

Located at 484 Inwood Ave N, Oakdale, MN 55128
AGENDA

TUESDAY, AUGUST 15TH
8 am (doors open at 7:35 am) - 5:30 pm (with various breaks). Working lunch (provided) with small group.

WEDNESDAY, AUGUST 16TH
8 am - 5:30 pm (with various breaks). Working lunch (provided) with small group. Plan for an out of class activity, on your own, for Thursday night.

THURSDAY, AUGUST 17TH
8 am - 5 pm (with various breaks). Working lunch (provided) with small group.

There will be a reception afterwards where dinner and cocktails will be served in celebration of your growth and journey! Please be sure to join us!

*Start and stop times subject to change.