



Menu Name : Hope Community Academy Grades PreK-8 Lunch Menu Options Provided : Hot, Cold & Deli Salads
 Grade Level / Age Group : K-8 Meal Pattern : NSLP Meal: Lunch

January - 2024

	Monday, January 1, 2024	Tuesday, January 2, 2024	Wednesday, January 3, 2024	Thursday, January 4, 2024	Friday, January 5, 2024	
Hot Meal	BBQ Chicken Leg	Crunchy Tender Roll-up	Sesame Chicken	Beef Pho	Garlic Dusted French Bread Pizza	Week III
	Corn Muffin	WG Tortilla, Shred Chz & Boom Sauce	Steamed Brown Rice	Dinner Roll	Italian Dip	
	Steamed Sweet Peas	Cheesy refried Beans	Steamed Broccoli	Baby Carrots	Garden Greens Salad & Dressing	
	Cinnamon Apple Slices	Wafers	Banana	Fresh Orange	Crisp Apple	
	WG Roll & Choice Milk	Frozen Mixed Berry Cup & Choice Milk	Choice Milk	Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, January 8, 2024	Tuesday, January 9, 2024	Wednesday, January 10, 2024	Thursday, January 11, 2024	Friday, January 12, 2024	
Hot Meal	Sriracha Honey Glazed Chicken Drumstick	Chicken Laab	Fresh Baked Pan Pizza	Kapoon	Golden Corn Dog & Ketchup	Week IV
	Bakery Roll	Seasoned Rice	Baby Carrots	WG Bakery Rolls	CKC Baked Beans	
	Steamed Broccoli	Cucumber Slices & Iceberg Lettuce Wedge	Banana	Steamed Sweet Peas	Crisp Apple	
	Cinnamon Apple Slices	Frozen Mixed Berry Cup	Choice Milk	Fresh Orange	Strawberry Bites	
	Choice Milk	Choice Milk		Choice Milk	Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, January 15, 2024	Tuesday, January 16, 2024	Wednesday, January 17, 2024	Thursday, January 18, 2024	Friday, January 19, 2024	
Hot Meal	Classic Hamburger	Hearty Tinga Wrap	Sweet & Sour Chicken	Beef Pho	All Beef Hot Dog	Week V
	WG Bun & Ketchup	WG Tortilla, Chicken Tinga & Shred Chz	Seasoned Rice	Dinner Roll	WG Bun, Ketchup	
	Steamed Corn	Coleslaw - <i>Dare you to try in your Tinga wrap :</i>	Mixed Greens Salad & Dressing	Carrot Slims	CKC Baked Beans	
	Cinnamon Apple Slices	Sliced Cucumbers	Banana	Fresh Orange	Crisp Apple	
	Cool Ranch Doritos & Choice Milk	Choice Milk	Choice Milk	Choice Milk	Strawberry Bites & Choice Milk	
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, January 22, 2024	Tuesday, January 23, 2024	Wednesday, January 24, 2024	Thursday, January 25, 2024	Friday, January 26, 2024	
Hot Meal	Chicken Fritters w/ Ketchup	Hmong Sausage	Fresh Baked Pan Pizza	Orange Chicken	Garlic Noodles with Beef	Week VI
	Cheddar Crisps	Seasoned Rice	Baby Carrots	Steamed Seasoned Rice	Steamed Green Beans	
	Banzo Salad	Steamed Broccoli	Banana	Steamed Peas	Crisp Apple	
	Cinnamon Apple Slices	Frozen Mixed Berry Cup	Choice Milk	Fresh Orange	Choice Milk	
	Choice Milk	Choice Milk		Choice Milk		
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun	

	Monday, January 29, 2024	Tuesday, January 30, 2024	Wednesday, January 31, 2024	Happy New Year !		
Hot Meal	CKC Sticky Drumstick	Mongolian Meatballs	Walking Taco	What's Cooking in CKC? - Chicken Tinga Wrap		Week I
	Wheat Thins & WG Roll	Steamed Seasoned Rice	Nacho Cheese Doritos, Seasoned Beef			
	Steamed Green Beans	Steamed Broccoli	Shred Chz & CKC Youza Sauce			
	Cinnamon Apple Slices	Frozen Mixed Berry Cup	Cheesy Refried Beans	Smoky, Juicy Chicken Tinga served on a wrap, with a side of Garlic Coleslaw. We dare you to try the Tinga wrap with the Coleslaw.		
	Choice Milk	Choice Milk	Banana & Choice Milk			
Cold	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo			

	Grilled Chicken Caesar Salad	Grilled Chicken Asian Salad	Grilled Chicken SW Taco Salad	Classic Chef Salad	Quinoa Power Bowl Salad	Deli Salads
(Vegetarian choices come with eggs & cheese in the place of meat)	Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.	Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.	Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.	We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.	Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn, Egg and Spinach.	

*** Cold meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

February 2024 Menu (Subject to Change)

		Thursday, February 1, 2024	Friday, February 2, 2024
Hot Meal		Kapoon	Golden Breaded Chicken Sandwich
		Dinner Roll	WG Bun, Ketchup
		Baby Carrots	Steamed Peas
		Fresh Orange	Crisp Apple
		Choice Milk	Choice Milk
Cold		Chicken Caesar Wrap	Grilled Chicken & Cheese Bun

		Monday, February 5, 2024	Tuesday, February 6, 2024	Wednesday, February 7, 2024	Thursday, February 8, 2024	Friday, February 9, 2024
Hot Meal		Meatball Sub w/Mozzarella	Hmong Sausage	Fresh Baked Pan Pizza	Kua Mee Rice Noodles	Premium Chicken Nuggets
		Steamed Sweet Peas	Steamed Seasoned Rice	Baby Carrots	Mixed with Chicken, Egg & Vegetable	Ketchup
		Cinnamon Apple Slices	Mixed Salad & Dressing	Banana	Bakery Roll	Veggie Crisps
		Choice Milk	Frozen Mixed Berry Cup	Choice Milk	Steamed Broccoli	CKC Baked Beans
Cold		Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Turkey Bun w/ Mayo	Chicken Caesar Wrap	Grilled Chicken & Cheese Bun