



Menu Name : Hope Community Academy Grades 9-12 Lunch Menu	Options Provided : Hot, Cold Meals & Deli Salads
Grade Level / Age Group : 9-12 Grades	Meal Pattern : NSLP Meal: Lunch
AUGUST - 2024	

Hot Meal	Thursday, August 1, 2024				Friday, August 2, 2024				Week III
Cold									

Hot Meal	Monday, August 5, 2024		Tuesday, August 6, 2024		Wednesday, August 7, 2024		Thursday, August 8, 2024		Friday, August 9, 2024		Week IV
Cold											

Hot Meal	Monday, August 12, 2024		Tuesday, August 13, 2024		Wednesday, August 14, 2024		Thursday, August 15, 2024		Friday, August 16, 2024		Week V
Cold											

Hot Meal	Monday, August 19, 2024		Tuesday, August 20, 2024		Wednesday, August 21, 2024		Thursday, August 22, 2024		Friday, August 23, 2024		Week VI
Cold											

Hot Meal	Monday, August 26, 2024		Tuesday, August 27, 2024		Wednesday, August 28, 2024		Thursday, August 29, 2024		Friday, August 30, 2024		Week I
	Golden Chicken Tenders & Ketchup CKC Baked Beans Baby Carrots & Dip WG Dinner Roll Fresh Orange, 100% Fruit Juice & Choice Milk		Honey BBQ Pulled Pork Serve Seasoned Pulled Pork on WG Bun Garlic Coleslaw & Sliced Cucumbers Chilled Fruit Cocktail French Toast Grahams, 100% Fruit Juice & Choice Milk		Kapoon Steamed Carrots Bananas Choice Milk WG Rolls		Tikka Drumstick Seasoned Rice Mixed Greens Salad & Dressing Fresh Watermelon Cubes 100% Fruit Juice & Choice Milk		Garlic Dusted French Bread Pizza Potato Smiles w/ Ketchup Celery Sticks Large Crisp Varietal Apple Choice Milk		
Cold	Smuckers PB & J		Turkey & Cheese Bun w/ Mayo PC		Ham Sandwich		Hoagie Chicken Club		Chicken Caesar Wrap		

Deli Salads	Grilled Chicken Caesar Salad		Grilled Chicken Asian Salad		Grilled Chicken SW Taco Salad		Classic Chef Salad		Quinoa Power Bowl Salad		Deli Salads
	(Vegetarian choices come with eggs & cheese in the place of meat) Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing, adding dinner rolls for grains.		Asian Salad drizzled with Sesame dressing and topped with Chow Mein and cooked Chicken Breast. WG Rolls added to complete the WG requirement.		Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad as a wholesome meal.		We just time-travelled and brought back this timeless gem. It's simple. It's classic. It's vintage. This Egg, Turkey, Tomatoes and Salad combo is sure to appeal eyes and taste buds. WG rolls fill the grain part.		Not just vintage, we cover current trends too. This salad has "New-age Superfood" Quinoa as its base. Not stopping there, it becomes more powerful with Beans, Corn, Egg and Spinach.		

*** Hot & Cold Meals are served with vegetables, fruit of the day & milk.
 *** Deli Salad choices offered everyday (Both Regular & Vegetarian options available. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.



SEPTEMBER 2024 Menu (Subject to Change)					
	Monday, September 2, 2024	Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024
Hot Meal	The Cheeseburger , that Never Gets Old-Fashioned	Sichuan Chicken	WG Corn Dog	Beef Pho	Fresh Baked Pan Pizza
	WG Bun, Cheese Slice & Ketchup	Steamed Seasoned Rice	WG Chicken Corn Dog & Ketchup	Dinner Roll	Steamed Carrots
	Steamed Corn	Steamed Broccoli	CKC Baked Beans	Sliced Cucumbers	Large Crisp Varietal Apple
	Fresh Orange	Chilled Fruit Cocktail	Steamed Green Beans	Fresh Watermelon Cubes	Choice Milk
	100% Fruit Juice & Choice Milk	100% Fruit Juice & Choice Milk	Dill Cobbers, Banana & Choice Milk	100% Fruit Juice & Choice Milk	
Cold	Quick Grab Lunch Combo (Soft Baked Oatmeal Bar & Bean Crisps)	Wowbutter & Jelly sandwich	WW Chicken Salad Sandwich	Roasted Turkey on WW Bread	Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip
	Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024		
Hot Meal	BBQ Drumstick	Cheesy Joe (Taste Test Winner)	Thai Chili Chicken Noodles		
	Mashed Potatoes	CKC's Cheesy Twist on a Beef Joe	Garden Salad & Dressing		
	Fresh Orange	Black Bean Salad	Banana		
	Grahams	Cucumbers & Chilled Fruit Cocktail	Choice Milk		
	100% Fruit Juice & Choice Milk	Vanilla Wafers, 100% Fruit Juice & Choice Milk	WG Roll		
Cold	Wowbutter & Jelly sandwich	Turkey & Cheese Bun w/ Mayo PC	Egg Salad Sandwich on WW Bread		

Week II

Week III