

NOVEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : Hope Community Academy Childcare Breakfast Menu

Grade : Childcare Ages 3 - 5 Years

Meal : Breakfast

	Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025
Week III BREAKFAST	Warm Mini Pizza Bagels	Chicken Sausage & Chz on Maple Pancake Sandwich	Buttermilk Pancake w/ Syrup & Cheese Omelet	WG Muffin	Assorted Cereal Bowl
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/10/2025	Tuesday, 11/11/2025	Wednesday, 11/12/2025	Thursday, 11/13/2025	Friday, 11/14/2025
Week IV BREAKFAST	Chicken & Cheese Croissant Sandwich	Blueberry Waffle (Can be warmed for hot breakfast)	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese	Assorted Cereal Bowl	Golden Cornbread Muffin
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/17/2025	Tuesday, 11/18/2025	Wednesday, 11/19/2025	Thursday, 11/20/2025	Friday, 11/21/2025
Week V BREAKFAST	Assorted Cereal Bowl	Bread Slice w/ Butter, Jelly	French Toast Sticks w/ Syrup & Cheese Omelet	Turkey, Egg & Cheese Burrito	French Toast Waffle (Can be warmed for hot breakfast)
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/24/2025	Tuesday, 11/25/2025	Wednesday, 11/26/2025	Thursday, 11/27/2025	Friday, 11/28/2025
Week VI BREAKFAST	Assorted Cereal Bowl	Warm Mini Pizza Bagels	Buttermilk Pancake w/ Syrup & Cheese Omelet	Banana Loaf	Sliced Bagel w/ Cream Cheese (Can be warmed for hot breakfast)
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

The Power of Fruits in School Meals

From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy water melon at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					
DECEMBER 2025					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week I	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025
	Assorted Cereal Bowl	Egg & Cheese Croissant Sandwich	Bread Slice w/ Butter, Jelly	Turkey, Egg & Chz Egg Roll	Blueberry Waffle
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	(Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
Week II	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025
	Assorted Cereal Bowl	All Beef Country Gravy Breakfast Pizza	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese	Turkey, Egg & Cheese Burrito	Granola On Yogurt Cup
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

NOVEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : Hope Community Academy Breakfast Menu

Meal Pattern : NSLP

Grade : K-12 Grades

Meal : Breakfast

	Monday, 11/3/2025	Tuesday, 11/4/2025	Wednesday, 11/5/2025	Thursday, 11/6/2025	Friday, 11/7/2025
Week III BREAKFAST	Warm Mini Pizza Bagels	Chicken Sausage & Chz on Maple Pancake Sandwich	Buttermilk Pancakes w/ Syrup & Pork Sausage Links	Giant Pretzel	Fun Friday Hot Breakfast Lemonpoppy Breakfast Bread
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/10/2025	Tuesday, 11/11/2025	Wednesday, 11/12/2025	Thursday, 11/13/2025	Friday, 11/14/2025
Week IV BREAKFAST	Chicken & Cheese Croissant Sandwich	Breakfast Chicken Soup	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese	Turkey Sausage Pancake Wrap w/ Syrup	Fun Friday Hot Breakfast Chocolate Swirl
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/17/2025	Tuesday, 11/18/2025	Wednesday, 11/19/2025	Thursday, 11/20/2025	Friday, 11/21/2025
Week V BREAKFAST	Breaded Chicken on Maple Waffle Sandwich	Breakfast Fried Rice	French Toast Sticks w/ Syrup & Pork Sausage Links	Turkey, Egg & Cheese Burrito	Fun Friday Hot Breakfast Warm Cinnamon Donut
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				
	Monday, 11/24/2025	Tuesday, 11/25/2025	Wednesday, 11/26/2025	Thursday, 11/27/2025	Friday, 11/28/2025
Week VI BREAKFAST	Giant Pretzel	Warm Mini Pizza Bagels	Buttermilk Pancakes w/ Syrup & Pork Sausage Links	Breakfast Chicken Soup	Fun Friday Hot Breakfast Dutch Waffle
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit
	Entrée of the Day is 2 Whole Grain Items Equivalent.				

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

The Power of Fruits in School Meals

From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy water melon at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.

WHAT GOES INTO OUR MENUS?

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All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					DECEMBER 2025	
TASTY		HEALTHY	FUN	VARIETY	BALANCED	
Week I BREAKFAST	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025	
	All Beef Country Gravy Pizza	Egg & Cheese Croissant Sandwich	Breakfast Fried Rice	Turkey, Egg & Chz Egg Roll	Fun Friday Hot Breakfast	
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Choco-drizzle Banana Chocolate Chip Bread	
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.					
	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025	
Week II BREAKFAST	Turkey Sausage Pancake Wrap w/ Syrup	Breakfast Chicken Soup	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese	Turkey, Egg & Cheese Burrito	Fun Friday Hot Breakfast	
	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	100% 4.23 oz Fruit Juice	Choco Donut Bites	
	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
	Entrée of the Day is 2 Whole Grain Items Equivalent.					

NOVEMBER 2025

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : Hope Community Academy K-5 Grades Lunch Menu

Options : Hot,Cold Meals & Deli Salads

Grade : K-5

Meal Pattern : NSLP

Monday, 11/3/2025		Tuesday, 11/4/2025		Wednesday, 11/5/2025		Thursday, 11/6/2025		Friday, 11/7/2025	
Week III	HOT MEAL	Asian Chicken Dumplings	Mongolian Beef & Rice	French Toast Sticks w/ Syrup	Meatball Manchurian	Premium Corn Dog			
		Teriyaki Sauce	Seasoned Mongolian Beef served on Cilantro Rice	Tater Tots w/ Ketchup	Brothless Ramen & Saucy Manchurian Meatballs, Served with Crisp Broccoli, Shred Carrots & Cabbage	WG Chicken Corn Dog served with Ketchup			
		Glazed Carrots	Roasted Broccoli & Cauliflower Medley	Sliced Cucumbers		Baked Beans & Carrots			
		Fresh Orange	Crisp Apple	Banana	Steamed Green Beans	Grapes Bunch & Choice Milk			
		Choice Milk	Choice Milk	Choice Milk	Fruit Cup Slushy & Choice Milk	Woohoo! Special Chips Day! Baked Cheetos			
	COLD	PB & J Sandwich	Turkey Bun w/ Mayo	Chicken Club Hoagie	Ham Sandwich	Honey Mustard Chix Pasta			

Monday, 11/10/2025		Tuesday, 11/11/2025		Wednesday, 11/12/2025		Thursday, 11/13/2025		Friday, 11/14/2025	
Week IV	HOT MEAL	Mandarin Orange Chicken	Cheeseburger	Pulled Chicken Taco	Beef Pho	Fresh Baked Pizza Slice			
		Veggie Fried Rice	WG Bun, Cheese Slice & Ketchup	Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Lettuce, Shred Cheddar Cheese & Mild Salsa	Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings	Baby Carrots			
		Steamed Broccoli	Seasoned Corn		Sliced Cucumbers & Dip	Grapes Bunch			
		Fresh Orange	Crisp Apple & Choice Milk	Seasoned Black Beans	Fruit Cup Slushy	Choice Milk			
		Choice Milk	Hooray! Special Chips Day! Confetti Cookie	Banana & Choice Milk	WG Dinner Roll & Choice Milk				
COLD	Egg Salad Sandwich	Italian Turkey Sandwich	Ham & Cheese Sandwich	Chicken Shred Bun	Turkey & Cheese on Bagel				

Monday, 11/17/2025		Tuesday, 11/18/2025		Wednesday, 11/19/2025		Thursday, 11/20/2025		Friday, 11/21/2025	
Week V	HOT MEAL	Sriracha Chicken Drumstick	Roasted Sliced Beef on Flatbread	Asian Chicken Dumplings	Hmong Sausage	Premium Chicken Sandwich			
		Fresh Bakery Roll	Shredded Philly Style Beef & Swiss Cheese on Flatbread	Seasoned Teriyaki Dip	Warm Seasoned Rice	Ketchup			
		Mashed Potatoes & Steamed Green Beans	Steamed Corn	Steamed Broccoli	Carrot Slims & Dip	Sliced Cucumbers			
		Fresh Orange & Choice Milk	Lime Slaw	Banana	Fruit Cup Slushy	CKC Baked Beans			
		Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie	Crisp Apple & Choice Milk	Choice Milk	Choice Milk	Grapes Bunch & Choice Milk			
	COLD	PB & J Sandwich	Deli Turkey & Cheese on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Ham Sandwich	Turkey & Cheese on Hoagie			

Monday, 11/24/2025		Tuesday, 11/25/2025		Wednesday, 11/26/2025		Thursday, 11/27/2025		Friday, 11/28/2025	
Week VI	HOT MEAL	Premium Chicken Nuggets	Street Style Pork Burrito Wrap	Cheeseburger	Sichuan Chicken	Fresh Baked Pizza Slice			
		Ketchup	Taco Seasoned Pork Shred, Wrap, Shred Lettuce, Cheese & Salsa	WG Bun, Cheese Slice & Ketchup	Veggie Fried Rice	Garden Salad & Dressing			
		Potato Stix w/ Ketchup	Cheesy Refried Beans	Baby Carrots & Dip	Sauteed Sesame Green Beans	Grapes Bunch			
		Sliced Cucumbers & Fresh Orange	Crisp Apple	Banana & Choice Milk	Fruit Cup Slushy	Choice Milk			
		WG Roll & Choice Milk	Choice Milk	Yahoo! Special Chips Day! Cool Ranch Doritos	Choice Milk				
	COLD	PB & J Sandwich	Turkey Bun w/ Mayo		Chicken Club Hoagie	Ham Sandwich	Honey Mustard Chix Pasta		

Hot meals and Cold meals are served with vegetables, fruit of the day & milk.

DELI SALADS	Grilled Chicken Caesar Salad (Veg Option) Caesar Salad w/ Egg	Grilled Asian Chicken Salad (Veg Option) Asian Salad w/ Egg	Grilled Chicken SW Taco Salad (Veg Option) SW Taco Salad w/ Egg	Classic Turkey & Egg Chef Salad (Veg Option) Classic Chef Salad w/ Egg	Quinoa Powerbowl Chicken Salad (Veg Option) Quinoa Powerbowl Salad w/ Egg
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Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

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(Menu Subject to Change)					
DECEMBER 2025					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
	Monday, 12/1/2025	Tuesday, 12/2/2025	Wednesday, 12/3/2025	Thursday, 12/4/2025	Friday, 12/5/2025
Week I	HOT MEAL	Tender Chicken Wrap WG Tortilla, Chicken Tenders, Shred Lettuce, Ranch Dip & Shred Cheese Seasoned Pinto Beans Fresh Orange Choice Milk	Spaghetti w/ Meatballs Marinara Meatballs served with Buttered WG Spaghetti Mixed Salad w/ Dressing Crisp Apple Choice Milk	Kapoon Serve Warm Rice Noodles on Red Curry Chicken & top with Cilantro Carrot Slims & Dip WG Dinner Roll Banana & Choice Milk	Beef Bulgogi Rice Bowl Sliced Beef Bulgogi served on Cilantro Rice Roasted Broccoli & Cauliflower Medley Fruit Cup Slushy Choice Milk
					Tikka Drumstick Mashed Potatoes Grapes Bunch Fresh Cucumbers & Choice Milk Hooray! Special Chips Day! Nacho Cheese Doritos
	COLD	PB & J Sandwich	Italian Turkey Sandwich	Ham & Cheese Sandwich	Citrus Chicken Bun
					Turkey & Cheese on Bagel
	Monday, 12/8/2025	Tuesday, 12/9/2025	Wednesday, 12/10/2025	Thursday, 12/11/2025	Friday, 12/12/2025
Week II	HOT MEAL	All Beef Hot Dog WG Hot Dog Bun, Ketchup Potato Smiles w/ Ketchup Carrot Slims Fresh Orange & Choice Milk	Sesame Chicken Noodle Bowl Mongolian Noodles served with Sesame Chicken Steamed Broccoli Crisp Apple Choice Milk	Walking Taco Nacho Doritos, Seasoned Beef Taco Fill with Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Cheesy Refried Beans Banana & Choice Milk	Fusion Fried Rice Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC Steamed Carrots & Peas Fruit Cup Slushy & Choice Milk Woohoo! Special Treat Day! Chocolate Chip Cookie
					Fresh Baked Pizza Slice Mixed Salad & Dressing Grapes Bunch Choice Milk
	COLD	Pesto & Provolone Chicken Sandwich	Deli Turkey & Cheese on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Ham Sandwich
					Chicken Caesar Wrap