

## JANUARY 2026

## TASTY

## HEALTHY

## FUN

## VARIETY

## BALANCED

Name of the menu : Hope Community Academy 9-12 Grades Lunch Menu

Options : Hot,Cold Meals &amp; Deli Salads

Grade : 9-12

Meal Pattern : NSLP

Week V	HOT MEAL	Thursday, 01/01/2026				Friday, 01/02/2026					
		Hmong Sausage w/ Thai Chili Sauce				Spicy Chicken Sandwich					
		Warm Seasoned Rice				Ketchup & Mayo					
		Assorted Salad Bar				Potato Smiles w/ Ketchup					
	Fruit Cup Slushy				Assorted Salad Bar & Grapes Bunch						
Fruit Juice & Choice Milk				Fruit Juice & Choice Milk							
COLD		Ham Sandwich				Turkey & Cheese on Hoagie					
Week VI	HOT MEAL	Monday, 01/05/2026		Tuesday, 01/06/2026		Wednesday, 01/07/2026		Thursday, 01/08/2026		Friday, 01/09/2026	
		Premium Chicken Nuggets		Street Style Pork Burrito Wrap		Cheeseburger		Sichuan Chicken		Fresh Baked Pizza Slice	
		Mix or Match Sauce Ranch & Buffalo Sauce		Taco Seasoned Pork Shred, Rice, Wrap, Cheese & Hot Sauce		WG Bun, Cheese Slice & Ketchup		Veggie Fried Rice		Assorted Salad Bar	
		Potato Stix w/ Ketchup		Assorted Salad Bar		Assorted Salad Bar		Assorted Salad Bar		Grapes Bunch	
	Assorted Salad Bar		Crisp Large Apple		Bananas & Choice Milk		Fruit Cup Slushy		Choice Milk		
WG Roll, Fresh Orange, Fruit Juice & Choice Milk		Choice Milk		Yahoo! Special Chips Day! Cool Ranch Doritos		Fruit Juice & Choice Milk		Fruit Juice			
COLD		PB & J Sandwich		Turkey Bun w/ Mayo		Chicken Club Hoagie		Ham Sandwich		Honey Mustard Chix Pasta w/ WG Roll	
Week I	HOT MEAL	Monday, 1/12/2026		Tuesday, 1/13/2026		Wednesday, 1/14/2026		Thursday, 1/15/2026		Friday, 1/16/2026	
		Nashuille Hot Chicken Tender Wrap		Spaghetti w/ Meatballs		Kapoon		Beef Bulgogi Rice Bowl		Tikka Drumstick	
		WG Tortilla, Chicken Tenders, Ranch & Shred Cheese		Marinara Meatballs served with Buttered WG Spaghetti & Warm Toast		Serve Warm Rice Noodles on Red Curry Chicken & top with Cilantro		Sliced Beef Bulgogi served on Cilantro Rice		Mashed Potatoes	
		Assorted Salad Bar		Assorted Salad Bar		Assorted Salad Bar		Assorted Salad Bar		WG Roll & Assorted Salad Bar	
	Fresh Orange		Crisp Large Apple		WG Dinner Rolls		Fruit Cup Slushy		Grapes Bunch, Fruit Juice & Choice Milk		
Fruit Juice & Choice Milk		Choice Milk		Bananas & Choice Milk		Fruit Juice & Choice Milk		Hooray! Special Chips Day! Nacho Cheese Doritos			
COLD		PB & J Sandwich		Italian Turkey Sandwich		Ham & Cheese Sandwich		Citrus Chicken Bun		Turkey & Cheese on Bagel	
Week II	HOT MEAL	Monday, 1/19/2026		Tuesday, 1/20/2026		Wednesday, 1/21/2026		Thursday, 1/22/2026		Friday, 1/23/2026	
		All Beef Hot Dog		Sesame Chicken Noodle Bowl		Walking Taco		Fusion Fried Rice		Fresh Baked Pizza Slice	
		WG Hot Dog Bun, Ketchup & Mustard		Mongolian Noodles served with Sesame Chicken		Nacho Doritos, Seasoned Beef Taco		Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC		Assorted Salad Bar	
		Potato Smiles w/ Ketchup		Assorted Salad Bar		Fill with Mexican Rice, Shred Cheddar Cheese & Hot Sauce		Assorted Salad Bar		Grapes Bunch	
	Assorted Salad Bar		Crisp Large Apple		Assorted Salad Bar		Fruit Cup Slushy, Fruit Juice & Choice Milk		Choice Milk		
Fresh Orange, Fruit Juice & Choice Milk		Choice Milk		Bananas & Choice Milk		Woohoo! Special Treat Day! Chocolate Chip Cookie		Fruit Juice			
COLD		Pesto & Provolone Chicken Sandwich		Deli Turkey & Cheese on WW Bread w/ Mayo		Banh Mi Chicken on Flatbread		Ham Sandwich		Chicken Caesar Wrap	
Week III	HOT MEAL	Monday, 1/26/2026		Tuesday, 1/27/2026		Wednesday, 1/28/2026		Thursday, 1/29/2026		Friday, 1/30/2026	
		Asian Chicken Dumplings		Mongolian Beef & Rice		French Toast Sticks w/ Syrup		Meatball Manchurian		Premium Corn Dog	
		Teriyaki Sauce		Seasoned Mongolian Beef served on Cilantro Rice		Assorted Salad Bar		Brothless Ramen & Saucy Manchurian Meatballs, Serve with Crisp Broccoli, Shred Carrots & Cabbage (From Salad Bar)		WG Chicken Corn Dog served with Ketchup	
		Assorted Salad Bar		Assorted Salad Bar		Bananas		Assorted Salad Bar		Assorted Salad Bar	
	Fresh Orange		Crisp Large Apple		Choice Milk		Assorted Salad Bar		Grapes Bunch, Fruit Juice & Choice Milk		
Fruit Juice, Choice Milk		Choice Milk				Fruit Cup Slushy, Fruit Juice & Choice Milk		Woohoo! Special Chips Day! Baked Cheetos			
COLD		PB & J Sandwich		Turkey Bun w/ Mayo		Chicken Club Hoagie		Ham Sandwich		Honey Mustard Chix Pasta w/ WG Roll	
Hot meals and Cold meals are served with vegetables, fruit of the day & milk.											
DELI SALADS		Grilled Chicken Caesar Salad		Grilled Asian Chicken Salad		Grilled Chicken SW Taco Salad		Classic Turkey & Egg Chef Salad		Quinoa Powerbowl Chicken Salad	
		(Veg Option) Caesar Salad w/ Egg		(Veg Option) Asian Salad w/ Egg		(Veg Option) SW Taco Salad w/ Egg		(Veg Option) Classic Chef Salad w/ Egg		(Veg Option) Quinoa Powerbowl Salad w/ Egg	
Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)											
Skim & 1% milk served daily. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek of upcoming menu plan.											

### WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					
FEBRUARY 2026					
	TASTY	HEALTHY	FOUN	VARIETY	BALANCED
Week IV	Monday, 02/02/2026	Tuesday, 02/03/2026	Wednesday, 02/04/2026	Thursday, 02/05/2026	Friday, 02/06/2026
HOT MEAL	<b>General Tso Chicken</b> Veggie Fried Rice Assorted Salad Bar Fresh Orange Fruit Juice & Choice Milk	<b>Cheeseburger</b> WG Bun, Cheese Slice & Ketchup Assorted Salad Bar Crisp Large Apple & Choice Milk <b>Hooray! Special Chips Day! Confetti Cookie</b>	<b>Pulled Chicken Taco</b> Seasoned Pulled Chicken Taco served with WG Tortilla, Mexican Rice, Shred Cheddar Cheese & Hot Sauce Assorted Salad Bar Bananas & Choice Milk	<b>Beef Pho</b> Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings Assorted Salad Bar Fruit Cup Slushy WG Dinner Rolls, Fruit Juice & Choice Milk	<b>Fresh Baked Pizza Slice</b> Assorted Salad Bar Grapes Bunch Choice Milk Fruit Juice
COLD	PB & J Sandwich	Italian Turkey Sandwich	Ham & Cheese Sandwich	Chicken Shred Bun	Turkey & Cheese on Bagel
Week V	Monday, 02/09/2026	Tuesday, 02/10/2026	Wednesday, 02/11/2026		
HOT MEAL	<b>Sriracha Chicken Drumstick</b> Fresh Bakery Roll Assorted Salad Bar Fresh Orange, Fruit Juice & Choice Milk <b>Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie</b>	<b>Roasted Sliced Beef on Flatbread</b> Shredded Philly Style Beef & Swiss Cheese on Flatbread Lime Slaw Assorted Salad Bar Crisp Large Apple & Choice Milk	<b>Asian Chicken Dumplings</b> Seasoned Teriyaki Dip Assorted Salad Bar Bananas Choice Milk		
COLD	PB & J Sandwich	Deli Turkey & Cheese on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread		

**JANUARY 2026****TASTY****HEALTHY****FUN****VARIETY****BALANCED**

Name of the menu : Hope Community Academy Childcare Breakfast Menu

Grade : Childcare Ages 3 - 5 Years

Meal : Breakfast

Week V	BREAKFAST				Thursday, 01/01/2026	Friday, 01/02/2026
					Turkey, Egg & Cheese Burrito	French Toast Waffle
					Unsweetened Applesauce Cup	(Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice
					Choice Milk	Choice Milk
Entrée of the Day is 2 Whole Grain Items Equivalent.						
Week VI	BREAKFAST	Monday, 01/05/2026	Tuesday, 01/06/2026	Wednesday, 01/07/2026	Thursday, 01/08/2026	Friday, 01/09/2026
		Assorted Cereal Bowl	Warm Mini Pizza Bagels	Buttermilk Pancake w/ Syrup & Cheese Omelet	Banana Loaf	Sliced Bagel w/ Cream Cheese
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	(Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Entrée of the Day is 2 Whole Grain Items Equivalent.						
Week I	BREAKFAST	Monday, 1/12/2026	Tuesday, 1/13/2026	Wednesday, 1/14/2026	Thursday, 1/15/2026	Friday, 1/16/2026
		Assorted Cereal Bowl	Egg & Cheese Croissant Sandwich	Golden Cornbread Muffin	Chicken Sausage, Cheese & Pancake Sandwich	Blueberry Waffle
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	(Can be warmed for hot breakfast) 100% 4.23 oz Fruit Juice
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Entrée of the Day is 2 Whole Grain Items Equivalent.						
Week II	BREAKFAST	Monday, 1/19/2026	Tuesday, 1/20/2026	Wednesday, 1/21/2026	Thursday, 1/22/2026	Friday, 1/23/2026
		Assorted Cereal Bowl	All Beef Country Gravy Breakfast Pizza	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese	Turkey, Egg & Cheese Burrito	Granola On Yogurt Cup
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Entrée of the Day is 2 Whole Grain Items Equivalent.						
Week III	BREAKFAST	Monday, 1/26/2026	Tuesday, 1/27/2026	Wednesday, 1/28/2026	Thursday, 1/29/2026	Friday, 1/30/2026
		Warm Mini Pizza Bagels	Chicken Sausage & Chz on Maple Pancake Sandwich	Buttermilk Pancake w/ Syrup & Cheese Omelet	WG Muffin	Assorted Cereal Bowl
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
Entrée of the Day is 2 Whole Grain Items Equivalent.						

\*\*\* Three Items meet USDA requirements (One Item must be fruit).

Skim &amp; 1% milk served daily.

This menu is 100% pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

## WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)						FEBRUARY 2026				
TASTY		HEALTHY		FUN		VARIETY		BALANCED		
Week IV BREAKFAST	Monday, 02/02/2026		Tuesday, 02/03/2026		Wednesday, 02/04/2026		Thursday, 02/05/2026		Friday, 02/06/2026	
	Chicken & Cheese Croissant Sandwich		Blueberry Waffle  (Can be warmed for hot breakfast)		BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese		Assorted Cereal Bowl		Golden Cornbread Muffin	
	100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice	
	Choice Milk		Choice Milk		Choice Milk		Choice Milk		Choice Milk	
	Entrée of the Day is 2 Whole Grain Items Equivalent.									
Week V BREAKFAST	Monday, 02/09/2026		Tuesday, 02/10/2026		Wednesday, 02/11/2026					
	Assorted Cereal Bowl		Mini Banana Loaf		French Toast Sticks w/ Syrup & Cheese Omelet					
	100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice					
	Choice Milk		Choice Milk		Choice Milk					
	Entrée of the Day is 2 Whole Grain Items Equivalent.									

JANUARY 2026					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Name of the menu : Hope Community Academy Pre K Lunch Menu			Options : Hot & Cold Meals		
Grade : Childcare (Ages 3-5)			Meal Pattern : Preschool		
Week V				Thursday, 01/01/2026	Friday, 01/02/2026
				<b>Pizza Crunchers</b> Steamed Peas Fruit Cup Slushy Choice Milk	<b>Premium Chicken Patty Sandwich</b> WG Bun & Ketchup CKC Baked Beans Cinnamon Apple Slices Choice Milk
				Ham Sandwich	Turkey & Chz on Hoagie w/ Mayo
Week VI	Monday, 01/05/2026	Tuesday, 01/06/2026	Wednesday, 01/07/2026	Thursday, 01/08/2026	Friday, 01/09/2026
	<b>Premium Chicken Nuggets</b> Ketchup Potato Stix w/ Ketchup Fresh Orange Wedges Choice Milk	<b>Street Style Pork Burrito Wrap</b> Taco Seasoned Pork Shred, Wrap, Shred Lettuce, Cheese & Salsa Cheesy Refried Beans Crisp Apple Wedges Choice Milk	<b>Cheeseburger</b> WG Bun, Cheese Slice & Ketchup Steamed Carrots & Peas Banana Choice Milk	<b>Fluffy Omelet &amp; Pancake</b> Syrup Sliced Cucumbers Fruit Cup Slushy Choice Milk	<b>Fresh Baked Pizza Slice</b> Garden Salad & Dressing Cinnamon Apple Slices Choice Milk
	PB & J Sandwich	Turkey Bun w/ Mayo	Chicken Club Hoagie	Ham Sandwich	Honey Mustard Chix Pasta
Week I	Monday, 1/12/2026	Tuesday, 1/13/2026	Wednesday, 1/14/2026	Thursday, 1/15/2026	Friday, 1/16/2026
	<b>Crispy Chicken Tenders</b> Ketchup Steamed Peas Fresh Orange Wedges Choice Milk	<b>Spaghetti w/ Meatballs</b> Marinara Meatballs served with Buttered WG Spaghetti Mixed Salad w/ Dressing Crisp Apple Wedges Choice Milk	<b>Sweet &amp; Sour Chicken</b> Steamed Rice Sliced Cucumbers Banana Choice Milk	<b>Beef Bulgogi Rice Bowl</b> Steamed Rice Roasted Broccoli & Cauliflower Medley Fruit Cup Slushy Choice Milk	<b>Chicken Tikka</b> Mashed Potatoes WG Roll Cinnamon Apple Slices Choice Milk
	PB & J Sandwich	Italian Turkey Sandwich	Ham & Cheese Sandwich	Citrus Chicken Bun	Turkey & Cheese on Bagel
Week II	Monday, 1/19/2026	Tuesday, 1/20/2026	Wednesday, 1/21/2026	Thursday, 1/22/2026	Friday, 1/23/2026
	<b>Premium Chicken Nuggets</b> Ketchup Potato Smiles Fresh Orange Wedges Choice Milk	<b>Asian Chicken Rice Bowl</b> Sesame Chicken served with Rice Steamed Broccoli Crisp Apple Wedges Choice Milk	<b>Soft Shell Beef Taco</b> WG Tortilla, Seasoned Beef, Shred Cheese Cheesy Refried Beans Banana Choice Milk	<b>Chicken &amp; Egg Fried Rice</b> Sliced Cucumbers Fruit Cup Slushy Choice Milk	<b>Fresh Baked Pizza Slice</b> Mixed Greens Salad & Dressing Cinnamon Apple Slices Choice Milk
	Pesto & Provolone Chicken Sandwich	Deli Turkey & Cheese on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread	Ham Sandwich	Chicken Caesar Wrap
Week III	Monday, 1/26/2026	Tuesday, 1/27/2026	Wednesday, 1/28/2026	Thursday, 1/29/2026	Friday, 1/30/2026
	<b>Asian Chicken Dumplings</b> Teriyaki Sauce Glazed Carrots Fresh Orange Wedges Choice Milk	<b>Mongolian Beef</b> Steamed Rice Roasted Broccoli & Cauliflower Medley Crisp Apple Wedges Choice Milk	<b>French Toast Sticks w/ Syrup</b> Tater Tots w/ Ketchup Banana Choice Milk	<b>Meatball Manchurian</b> Steamed Rice Steamed Green Beans Fruit Cup Slushy Choice Milk	<b>Cheese Quesadilla</b> Baked Beans Cinnamon Apple Slices Choice Milk
	PB & J Sandwich	Turkey Bun w/ Mayo	Chicken Club Hoagie	Ham Sandwich	Honey Mustard Chix Pasta
Cold meals are served with vegetables, fruit of the day & milk.					
Skim & 1% milk served daily.					
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(Menu Subject to Change)					
FEBRUARY 2026					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Week IV	Monday, 02/02/2026	Tuesday, 02/03/2026	Wednesday, 02/04/2026	Thursday, 02/05/2026	Friday, 02/06/2026
	<b>Mandarin Orange Chicken</b>	<b>Cheeseburger</b>	<b>Pulled Chicken Taco</b>	<b>Beef Fun-Trio Snax</b>	<b>Fresh Baked Pizza Slice</b>
	Steamed Rice	WG Bun, Cheese Slice & Ketchup	Pulled Chicken Taco filling served with WG Tortilla & Shred Cheddar Cheese	Fun Sized Mini Beef crumble stuffed Triangles	Sliced Cucumbers
	Steamed Broccoli	Potato Smiles	Seasoned Black Beans	Steamed Peas	Cinnamon Apple Slices
	Fresh Orange Wedges	Crisp Apple Wedges	Banana & Choice Milk	Fruit Cup Slushy	Choice Milk
	Choice Milk	Choice Milk		Choice Milk	
COLD	Egg Salad Sandwich	Italian Turkey Sandwich	Ham & Cheese Sandwich	Chicken Shred Bun	Turkey & Cheese on Bagel
Week V	Monday, 02/09/2026	Tuesday, 02/10/2026	Wednesday, 02/11/2026		
	<b>Crispy Chicken Tenders</b>	<b>Roasted Beef on WG Bun</b>	<b>Asian Chicken Dumplings</b>		
	Ketchup	Philly Style Beef, Swiss Cheese on Bun	Seasoned Teriyaki Sauce		
	Mashed Potatoes	Steamed Green Beans	Steamed Broccoli		
	Fresh Orange Wedges	Crisp Apple Wedges	Banana		
	Choice Milk	Choice Milk	Choice Milk		
COLD	PB & J Sandwich	Deli Turkey & Cheese on WW Bread w/ Mayo	Banh Mi Chicken on Flatbread		