

This institution is an equal opportunity provider

SEPTEMBER 2026					
	TASTY	HEALTHY	FUN	VARIETY	BALANCED
Name of the menu : Hope Community Academy PreK Breakfast Menu			Meal Pattern : CACFP		
Grade : Childcare Ages 3 - 5 Years			Meal : Breakfast		
Week IV	BREAKFAST	Tuesday, 9/1/2026		Wednesday, 9/2/2026	Thursday, 9/3/2026
		Chef's Choice may be offered			
Week V	BREAKFAST	Monday, 9/7/2026	Tuesday, 9/8/2026	Wednesday, 9/9/2026	Thursday, 9/10/2026
			Mini Banana Loaf	French Toast Sticks w/ Syrup & 1/2 Cheese Omelet	Turkey, Egg & Cheese Burrito
					French Toast Waffle
		Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice
		Choice Milk	Choice Milk	Choice Milk	Choice Milk
Chef's Choice may be offered					
Week VI	BREAKFAST	Monday, 9/14/2026	Tuesday, 9/15/2026	Wednesday, 9/16/2026	Thursday, 9/17/2026
		Assorted Cereal Bowl	Turkey Egg & Cheese Egg Roll	Warm Pancake Puffs	Muffin
					Sliced Bagel w/ Cream Cheese
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup
		Choice Milk	Choice Milk	Choice Milk	Choice Milk
Chef's Choice may be offered					
Week I	BREAKFAST	Monday, 9/21/2026	Tuesday, 9/22/2026	Wednesday, 9/23/2026	Thursday, 9/24/2026
		All Beef Red Sauce Breakfast Pizza	Maple Pancake, Egg & Cheese Sandwich	Assorted Granola Pack & Yogurt Cup	Chicken & Cheese Croissant Sandwich
					Assorted Cereal Bowl (No more than 6 grams of sugar)
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup
		Choice Milk	Choice Milk	Choice Milk	Choice Milk
Chef's Choice may be offered					
Week II	BREAKFAST	Monday, 9/28/2026	Tuesday, 9/29/2026	Wednesday, 9/30/2026	
		Assorted Cereal Bowl (No more than 6 grams of sugar)	Blueberry Waffle	BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese (1/2)	
		100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	
		Choice Milk	Choice Milk	Choice Milk	
Chef's Choice may be offered					
*** Three Items meet USDA requirements (One Item must be fruit).					
Assorted Unflavored Fluid Milk Choices offered. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.					
WHAT GOES INTO OUR MENUS?					

All rice dishes /rice products are made of whole grain brown rice.
All juices listed in the menu are 100% full-strength fruit Juice.

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(Menu Subject to Change)					OCTOBER 2026	
TASTY		HEALTHY	FUN	VARIETY	BALANCED	
Week II BREAKFAST				Thursday, 10/1/2026	Friday, 10/2/2026	
				Turkey Egg & Cheese Egg Roll	Mini Banana Loaf	
				Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	
				Choice Milk	Choice Milk	
					Chef's Choice may be offered	
Week III BREAKFAST	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Warm Mini Pizza Bagels	All Beef Country Gravy Breakfast Pizza	Assorted Granola Pack w/ Yogurt Cup	Warm Pancake Puffs	Assorted Cereal Bowl (No more than 6 grams of sugar)	
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
					Chef's Choice may be offered	
Week IV BREAKFAST	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Chicken Sausage & Chz on Maple Pancake Sandwich	Assorted Cereal Bowl (No more than 6 grams of sugar)	BYO Bagel Sandwich - Sliced Waffle w/ Egg Patty & Cheese (1/2)	Egg & Cheese Croissant Sandwich	Sliced Bagel w/ Cream Cheese (Can be warmed for hot breakfast)	
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	
	Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
					Chef's Choice may be offered	
Week V BREAKFAST	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Breaded Chicken on Maple Waffle Sandwich	Mini Banana Loaf	French Toast Sticks w/ Syrup & Cheese Omelet	Turkey, Egg & Cheese Burrito	French Toast Waffle (Can be warmed for hot breakfast)	
	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	Unsweetened Applesauce Cup	100% 4.23 oz Fruit Juice	
	Choice Milk & Second Fruit	Choice Milk	Choice Milk	Choice Milk	Choice Milk	
					Chef's Choice may be offered	

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SEPTEMBER 2026								
TASTY		HEALTHY	FUN	VARIETY	BALANCED			
Name of the menu : Hope Community Academy Breakfast Menu			Meal Pattern : NSLP					
Grade : K-12 Grades			Meal : Breakfast					
Week IV BREAKFAST	Tuesday, 9/1/2026		Wednesday, 9/2/2026		Thursday, 9/3/2026	Friday, 9/4/2026		
Entrée of the Day is 2 Whole Grain Items Equivalent.								
Week V BREAKFAST	Monday, 9/7/2026		Tuesday, 9/8/2026		Wednesday, 9/9/2026		Thursday, 9/10/2026	Friday, 9/11/2026
			Breakfast Fried Rice		French Toast Sticks w/ Syrup & Turkey Sausage		Turkey, Egg & Cheese Burrito	Fun Friday Hot Breakfast
			100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice	Chocolate Swirl
			Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.								
Week VI BREAKFAST	Monday, 9/14/2026		Tuesday, 9/15/2026		Wednesday, 9/16/2026		Thursday, 9/17/2026	Friday, 9/18/2026
	Mini Chicken Sausage Pancake Wraps w/ Syrup		Turkey Egg & Cheese Egg Roll		Warm Pancake Puffs		Breakfast Chicken Soup	Fun Friday Hot Breakfast
	100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice	Warm Cinnamon Donut
	Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.								
Week I BREAKFAST	Monday, 9/21/2026		Tuesday, 9/22/2026		Wednesday, 9/23/2026		Thursday, 9/24/2026	Friday, 9/25/2026
	All Beef Red Sauce Breakfast Pizza		Maple Pancake, Egg & Cheese Sandwich		Breakfast Fried Rice		Chicken & Cheese Croissant Sandwich	Fun Friday Hot Breakfast
	100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice	Choco-drizzle Banana Chocolate Chip Bread
	Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit	100% 4.23 oz Fruit Juice Choice Milk & Second Fruit
Entrée of the Day is 2 Whole Grain Items Equivalent.								
Week II BREAKFAST	Monday, 9/28/2026		Tuesday, 9/29/2026		Wednesday, 9/30/2026			
	Mini Chicken Sausage Pancake Wraps w/ Syrup		Breakfast Chicken Soup		BYO Bagel Sandwich - Warm Sliced Bagel w/ Egg Patty & Cheese			
	100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
	Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit			
Entrée of the Day is 2 Whole Grain Items Equivalent.								
*** Three Items meet USDA requirements (One Item must be fruit).								
Skim & 1% milk served daily. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.								
WHAT GOES INTO OUR MENUS?								

All rice dishes /rice products are made of whole grain brown rice.
All juices listed in the menu are 100% full-strength fruit Juice.

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(Menu Subject to Change)						OCTOBER 2026					
TASTY		HEALTHY	FUN	VARIETY		BALANCED					
Week II	BREAKFAST				Thursday, 10/1/2026		Friday, 10/2/2026				
					Turkey Egg & Cheese Egg Roll		Fun Friday Hot Breakfast				
							Dutch Waffle				
					100% 4.23 oz Fruit Juice						
					Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit				
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week III	BREAKFAST	Monday, 10/5/2026		Tuesday, 10/6/2026		Wednesday, 10/7/2026		Thursday, 10/8/2026		Friday, 10/9/2026	
		Warm Mini Pizza Bagels		All Beef Country Gravy Breakfast Pizza		Turkey, Egg & Cheese Burrito		Warm Pancake Puffs		Fun Friday Hot Breakfast	
										Choco Donut Bites	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week IV	BREAKFAST	Monday, 10/12/2026		Tuesday, 10/13/2026		Wednesday, 10/14/2026		Thursday, 10/15/2026		Friday, 10/16/2026	
		Chicken Sausage & Chz on Maple Pancake Sandwich		Breakfast Chicken Soup		BYO Bagel Sandwich - Sliced Waffle w/ Egg Patty & Cheese		Egg & Cheese Croissant Sandwich		Fun Friday Hot Breakfast	
										Lemonpoppy Breakfast Bread	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week V	BREAKFAST	Monday, 10/19/2026		Tuesday, 10/20/2026		Wednesday, 10/21/2026		Thursday, 10/22/2026		Friday, 10/23/2026	
		Breaded Chicken on Maple Waffle Sandwich		Breakfast Fried Rice		French Toast Sticks w/ Syrup & Turkey Sausage		Turkey, Egg & Cheese Burrito		Fun Friday Hot Breakfast	
										Chocolate Swirl	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											

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SEPTEMBER 2026						
TASTY		HEALTHY	BUN	VARIETY	BALANCED	
Name of the menu : Hope Community Academy Pre K Lunch Menu			Options : Hot & Cold Meals			
Grade : Childcare (Ages 3-5)			Meal Pattern : Preschool			
		Tuesday, 9/1/2026	Wednesday, 9/2/2026	Thursday, 9/3/2026	Friday, 9/4/2026	
Week IV	HOT MEAL					
	COLD					
		Monday, 9/7/2026	Tuesday, 9/8/2026	Wednesday, 9/9/2026	Thursday, 9/10/2026	Friday, 9/11/2026
Week V	HOT MEAL		Street Style Chicken Burrito Wrap	Asian Chicken Dumplings	Pizza Crunchers	Premium Chicken Patty Sandwich
		Taco Seasoned Chicken Carnitas, Wrap, Cheese & Salsa	Seasoned Teriyaki Sauce	Steamed Peas	W/G Bun & Ketchup	
		Cheesy Refried Beans	Steamed Broccoli	Fruit Cup Slushy	CKC Baked Beans	
		Crisp Apple Wedges	Banana	Choice Milk	Chilled Pears	
		Choice Milk	Choice Milk		Choice Milk	
COLD		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
		Monday, 9/14/2026	Tuesday, 9/15/2026	Wednesday, 9/16/2026	Thursday, 9/17/2026	Friday, 9/18/2026
Week VI	HOT MEAL	Premium Chicken Nuggets	Roasted Beef on WG Bun	Cheeseburger	Fluffy Omelet & Pancake	Fresh Baked Pizza Slice
		Ketchup	Philly Style Beef, Mozzarella Cheese on Bun	WG Bun, Cheese Slice & Ketchup	Syrup	Garden Salad & Dressing
		Creamy Cheesy Hashbrowns	Steamed Green Beans	Steamed Carrots & Peas	Tater Tots w/ Ketchup	Chilled Pears
		Fresh Orange Wedges	Crisp Apple Wedges	Banana	Fruit Cup Slushy	Choice Milk
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
		Monday, 9/21/2026	Tuesday, 9/22/2026	Wednesday, 9/23/2026	Thursday, 9/24/2026	Friday, 9/25/2026
Week I	HOT MEAL	Crispy Chicken Tenders	Spaghetti w/ Meatballs	Sweet & Sour Chicken	Beef Bulgogi Rice Bowl	Chicken Tikka
		Ketchup	Marinara Meatballs served with Buttered WG Spaghetti	Steamed Rice	Steamed Rice	Mashed Potatoes
		Steamed Peas	Garden Salad w/ Dressing	Sliced Cucumbers	Roasted Broccoli & Cauliflower Medley	W/G Roll
		Fresh Orange Wedges	Crisp Apple Wedges	Banana	Fruit Cup Slushy	Chilled Pears
		Choice Milk	Choice Milk	Choice Milk	Choice Milk	Choice Milk
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
		Monday, 9/28/2026	Tuesday, 9/29/2026	Wednesday, 9/30/2026		
Week II	HOT MEAL	Premium Chicken Nuggets	Orange Chicken Rice Bowl	Soft Shell Beef Taco		
		Ketchup	Orange Chicken served with Rice	WG Tortilla, Seasoned Beef, Shred Cheese		
		Potato Smiles	Steamed Broccoli	Cheesy Refried Beans		
		Fresh Orange Wedges	Crisp Apple Wedges	Banana		
		Choice Milk	Choice Milk	Choice Milk		
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun			
Cold meals are served with vegetables, fruit of the day & milk.						
Assorted Unflavored Fluid Milk Choices offered. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.						

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WHAT GOES INTO OUR MENUS?

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					OCTOBER 2026	
	TASTY	HEALTHY	BUN	VARIETY	BALANCED	
Week II				Thursday, 10/1/2026	Friday, 10/2/2026	
				Chicken & Egg Fried Rice Sliced Cucumbers Fruit Cup Slushy Choice Milk	Fresh Baked Pizza Slice Mixed Greens Salad & Dressing Chilled Pears Choice Milk	
	COLD			Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Asian Chicken Dumplings Teriyaki Sauce Glazed Carrots Fresh Orange Wedges Choice Milk	Mongolian Beef Steamed Rice Roasted Broccoli & Cauliflower Medley Crisp Apple Wedges Choice Milk	French Toast Sticks w/ Syrup Tater Tots w/ Ketchup Banana Choice Milk	Meatball Manchurian Steamed Rice Steamed Green Beans Fruit Cup Slushy Choice Milk	Cheese Quesadilla Baked Beans Chilled Pears Choice Milk	
	COLD Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Orange Wedges Choice Milk	Cheeseburger WG Bun, Cheese Slice & Ketchup Potato Smiles Crisp Apple Wedges Choice Milk	Pulled Chicken Taco Pulled Chicken Taco filling served with WG Tortilla & Shred Cheddar Cheese Seasoned Black Beans Banana & Choice Milk	Beef Fun-Trio Snax Fun Sized Mini Beef crumble stuffed Triangles Steamed Peas Fruit Cup Slushy Choice Milk	Fresh Baked Pizza Slice Sliced Cucumbers Chilled Pears Choice Milk	
	COLD Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Crispy Chicken Tenders Ketchup Mashed Potatoes Fresh Orange Wedges Choice Milk	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Cheese & Salsa Cheesy Refried Beans Crisp Apple Wedges Choice Milk	Asian Chicken Dumplings Seasoned Teriyaki Sauce Steamed Broccoli Banana Choice Milk	Pizza Crunchers Steamed Peas Fruit Cup Slushy Choice Milk	Premium Chicken Patty Sandwich WG Bun & Ketchup CKC Baked Beans Chilled Pears Choice Milk	
	COLD Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	

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SEPTEMBER 2026					
	TASTY	HEALTHY	BUN	VARIETY	BALANCED
Name of the menu : Hope Community Academy K-5 Grades Lunch Menu			Options : Hot,Cold Meals & Deli Salads		
Grade : K-5			Meal Pattern : NSLP		
Week IV		Tuesday, 9/1/2026		Wednesday, 9/2/2026	
	COLD				
Week V		Monday, 9/7/2026		Tuesday, 9/8/2026	
		Street Style Chicken Burrito Wrap		Asian Chicken Dumplings	
	COLD	Peanut Free Butter Sandwich		Chicken Salad Bun	
Week VI		Monday, 9/14/2026		Tuesday, 9/15/2026	
		Premium Chicken Nuggets		Philly Style Beef Steak on Flatbread	
	COLD	Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	
Week I		Monday, 9/21/2026		Tuesday, 9/22/2026	
		Tender Chicken Wrap		Spaghetti w/ Meatballs	
	COLD	Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	
Week II		Monday, 9/28/2026		Tuesday, 9/29/2026	
		All Beef Hot Dog		Mandarin Orange Chicken Noodle Bowl	
	COLD	Pesto Chicken & Provolone Cheese Sandwich		Peanut Free Butter Sandwich	
Cold meals are served with vegetables, fruit of the day & milk.					
DELI SALADS	Grilled Chicken Caesar Salad		Grilled Asian Chicken Salad		Quinoa Powerbowl Chicken Salad
	(Veg Option) Caesar Salad w/ Egg		(Veg Option) Asian Salad w/ Egg		(Veg Option) Quinoa Powerbowl Salad w/ Egg
Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)					
Assorted Fluid Milk / Fluid Milk Substitute Choices offered. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.					

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WHAT GOES INTO OUR MENUS?

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					OCTOBER 2026	
	TASTY	HEALTHY	BUN	VARIETY	BALANCED	
Week II				Thursday, 10/1/2026	Friday, 10/2/2026	
				Fusion Fried Rice Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC Steamed Carrots & Peas Fruit Cup Slushy & Choice Milk Wooohool Special Treat Day! Chocolate Chip Cookie	Fresh Baked Pizza Slice Mixed Salad & Dressing Grapes Bunch Choice Milk	
COLD				Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Asian Chicken Dumplings Momo Sauce Glazed Carrots Fresh Orange Choice Milk	Mongolian Beef & Rice Seasoned Mongolian Beef served on Cilantro Rice Roasted Broccoli & Cauliflower Medley Crisp Apple Choice Milk	French Toast Sticks w/ Syrup Tater Tots w/ Ketchup Sliced Cucumbers Banana Choice Milk	Meatball Manchurian Brothless Ramen & Saucy Manchurian Meatballs, Served with Crisp Broccoli, Shred Carrots & Cabbage Steamed Green Beans Fruit Cup Slushy & Choice Milk	Premium Corn Dog WG Chicken Corn Dog served with Ketchup Baked Beans & Carrots Grapes Bunch & Choice Milk Wooohool Special Chips Day! Baked Cheetos	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Mandarin Orange Chicken Veggie Fried Rice Steamed Broccoli Fresh Orange Choice Milk	Cheeseburger WG Bun, Cheese Slice & Ketchup Seasoned Corn Crisp Apple & Choice Milk Hooray! Special Chips Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Seasoned Black Beans Banana & Choice Milk	Beef Pho Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings Sliced Cucumbers & Dip Fruit Cup Slushy WG Dinner Roll & Choice Milk	Fresh Baked Pizza Slice Baby Carrots Grapes Bunch Choice Milk	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Mild Chipotle Chicken Drumstick Fresh Bakery Roll Mashed Potatoes & Steamed Green Beans Fresh Orange & Choice Milk Wooohool Special Treat Day! Brownie Chocolate Chip Cookie	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Shred Lettuce, Cheese & Crema Warm Street Corn Crisp Apple Choice Milk	Asian Chicken Dumplings Momo Sauce Steamed Broccoli Banana Choice Milk	Hmong Sausage Warm Seasoned Rice Carrot Slims & Dip Fruit Cup Slushy Choice Milk	Premium Chicken Sandwich Ketchup Sliced Cucumbers CKC Baked Beans Grapes Bunch & Choice Milk	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	

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SEPTEMBER 2026					
	TASTY	HEALTHY	Fun	VARIETY	BALANCED
Name of the menu : Hope Community Academy 9-12 Grades Lunch Menu			Options : Hot,Cold Meals & Deli Salads		
Grade : 9-12			Meal Pattern : NSLP		
Week IV	HOT MEAL	Tuesday, 9/1/2026		Wednesday, 9/2/2026	
	COLD			Thursday, 9/3/2026	
Week V	HOT MEAL	Monday, 9/7/2026	Tuesday, 9/8/2026	Wednesday, 9/9/2026	Thursday, 9/10/2026
	COLD				Friday, 9/11/2026
Week VI	HOT MEAL		Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Taco Rice, Cheese & Crema Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	Asian Chicken Dumplings Seasoned Teriyaki Dip Assorted Salad Bar Banana & Juice Box Choice Milk	Hmong Sausage (Pork) Warm Seasoned Rice Assorted Salad Bar Fruit Cup Slushy Fruit Juice & Choice Milk
	COLD		Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo
Week I	HOT MEAL	Monday, 9/14/2026	Tuesday, 9/15/2026	Wednesday, 9/16/2026	Thursday, 9/17/2026
	COLD				Friday, 9/18/2026
Week II	HOT MEAL		Premium Chicken Nuggets Mix or Match Sauce Ranch & Buffalo Sauce Potato Wedges w/ Ketchup Assorted Salad Bar WG Roll, Fresh Orange, Fruit Juice & Choice Milk	Roasted Sliced Beef on Flatbread Shredded Philly Style Beef & Swiss Cheese on Flatbread Lime Slaw Assorted Salad Bar Crisp Apple, Juice Box & Choice Milk	Beef Taco Roll Hot Sauce & Crema Assorted Salad Bar Banana, Juice Box & Choice Milk Yahoo! Special Chips Day! Cool Ranch Doritos
	COLD		Pesto Chicken & Provolone Cheese Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo
Week III	HOT MEAL	Monday, 9/21/2026	Tuesday, 9/22/2026	Wednesday, 9/23/2026	Thursday, 9/24/2026
	COLD				Friday, 9/25/2026
Week IV	HOT MEAL		Nashville Hot Chicken Tender Wrap WG Tortilla, Chicken Tenders, Ranch & Shred Cheese Assorted Salad Bar Fresh Orange Fruit Juice & Choice Milk	Spaghetti w/ Meatballs Marinara Meatballs served with Buttered WG Spaghetti & Warm Toast Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	Kapoon Serve Warm Rice Noodles on Red Curry Chicken & top with Cilantro Assorted Salad Bar WG Dinner Rolls Banana, Juice Box & Choice Milk
	COLD		Pesto Chicken & Provolone Cheese Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo
Week V	HOT MEAL	Monday, 9/28/2026	Tuesday, 9/29/2026	Wednesday, 9/30/2026	
	COLD				
Week VI	HOT MEAL		All Beef Hot Dog WG Hot Dog Bun, Ketchup & Mustard Potato Smiles w/ Ketchup Assorted Salad Bar Fresh Orange, Fruit Juice & Choice Milk	Mandarin Orange Chicken Noodle Bowl Mangolian Noodles served with Mandarin Orange Chicken Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	Walking Taco Nacho Doritos, Seasoned Beef Taco Fill with Mexican Rice, Shred Cheddar Cheese & Hot Sauce Assorted Salad Bar Banana, Juice Box & Choice Milk
	COLD		Pesto Chicken & Provolone Cheese Sandwich	Chicken Salad Bun	
Cold Vegetarian meals are served with vegetables, fruit of the day & milk.					
DELI SALADS	Grilled Chicken Caesar Salad (Veg Option) Caesar Salad w/ Egg	Grilled Asian Chicken Salad (Veg Option) Asian Salad w/ Egg	Grilled Chicken SW Taco Salad (Veg Option) SW Taco Salad w/ Egg	Classic Turkey & Egg Chef Salad (Veg Option) Classic Chef Salad w/ Egg	Quinoa Powerbowl Chicken Salad (Veg Option) Quinoa Powerbowl Salad w/ Egg
Deli Salad choices offered everyday. Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk					
Assorted Fluid Milk / Fluid Milk Substitute Choices offered. This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.					

This institution is an equal opportunity provider

WHAT GOES INTO OUR MENUS?

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					
OCTOBER 2026					
	TASTY	HEALTHY	BUN	VARIETY	BALANCED
Week II				Thursday, 10/1/2026	Friday, 10/2/2026
				Fusion Fried Rice Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC Assorted Salad Bar Fruit Cup Slushy, Fruit Juice & Choice Milk Wooohool Special Treat Day! Chocolate Chip Cookie	Fresh Baked Pizza Slice Assorted Salad Bar Grapes Bunch Choice Milk Fruit Juice
				Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026
	Asian Chicken Dumplings Teriyaki Sauce Assorted Salad Bar Fresh Orange Fruit Juice, Choice Milk	Mongolian Beef & Rice Seasoned Mongolian Beef served on Seasoned Rice Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	French Toast Sticks w/ Syrup Tater Tots Assorted Salad Bar Banana & Juice Box Choice Milk	Meatball Manchurian Brothless Ramen & Saucy Manchurian Meatballs, Serve with Crisp Broccoli, Shred Carrots & Cabbage (From Salad Bar) Assorted Salad Bar Fruit Cup Slushy, Fruit Juice & Choice Milk	Premium Corn Dog WG Chicken Corn Dog served with Ketchup Assorted Salad Bar Grapes Bunch, Fruit Juice & Choice Milk Wooohool Special Chips Day! Baked Cheetos
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026
	General Tso Chicken Veggie Fried Rice Fortune Cookie Assorted Salad Bar & Fresh Orange Fruit Juice & Choice Milk	Cheeseburger WG Bun, Cheese Slice, Chipotle Mayo & Ketchup Potato Smiles Assorted Salad Bar, Crisp Apple, Juice Box & Choice Milk Hooray! Special Chips Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Mexican Rice, Shred Cheddar Cheese & Crema Assorted Salad Bar Banana, Juice Box & Choice Milk	Beef Pho Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings Assorted Salad Bar Fruit Cup Slushy WG Dinner Rolls, Fruit Juice & Choice Milk	Fresh Baked Pizza Slice Assorted Salad Bar Grapes Bunch Choice Milk Fruit Juice
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026
	Chipotle Chicken Drumstick Seasoned Rice Assorted Salad Bar Fresh Orange, Fruit Juice & Choice Milk Wooohool Special Treat Day! Brownie Chocolate Chip Cookie	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Taco Rice, Cheese & Crema Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	Asian Chicken Dumplings Seasoned Teriyaki Dip Assorted Salad Bar Banana & Juice Box Choice Milk	Hmong Sausage w/ Thai Chili Sauce Warm Seasoned Rice Assorted Salad Bar Fruit Cup Slushy Fruit Juice & Choice Milk	Spicy Chicken Sandwich Ketchup & Mayo Potato Smiles w/ Ketchup Assorted Salad Bar & Grapes Bunch Fruit Juice & Choice Milk
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie