



Pre-K October-Breakfast



HOPE COMMUNITY ACADEMY

HOPE Community Academy
720 Payne Avenue | St. Paul | MN | 55130
(651) 796 - 4500



This institution is an equal opportunity provider

(Menu Subject to Change)						OCTOBER 2026					
TASTY		HEALTHY	FUN	VARIETY		BALANCED					
Week II	BREAKFAST					Thursday, 10/1/2026		Friday, 10/2/2026			
						Turkey Egg & Cheese Egg Roll		Mini Banana Loaf			
						Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice			
						Choice Milk		Choice Milk			
		Chef's Choice may be offered									
Week III	BREAKFAST	Monday, 10/5/2026		Tuesday, 10/6/2026		Wednesday, 10/7/2026		Thursday, 10/8/2026		Friday, 10/9/2026	
		Warm Mini Pizza Bagels		All Beef Country Gravy Breakfast Pizza		Assorted Granola Pack w/ Yogurt Cup		Warm Pancake Puffs		Assorted Cereal Bowl (No more than 6 grams of sugar)	
		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice	
		Choice Milk		Choice Milk		Choice Milk		Choice Milk		Choice Milk	
		Chef's Choice may be offered									
Week IV	BREAKFAST	Monday, 10/12/2026		Tuesday, 10/13/2026		Wednesday, 10/14/2026		Thursday, 10/15/2026		Friday, 10/16/2026	
		Chicken Sausage & Chz on Maple Pancake Sandwich		Assorted Cereal Bowl (No more than 6 grams of sugar)		BYO Bagel Sandwich - Sliced Waffle w/ Egg Patty & Cheese (1/2)		Egg & Cheese Croissant Sandwich		Sliced Bagel w/ Cream Cheese (Can be warmed for hot breakfast)	
		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice	
		Choice Milk		Choice Milk		Choice Milk		Choice Milk		Choice Milk	
		Chef's Choice may be offered									
Week V	BREAKFAST	Monday, 10/19/2026		Tuesday, 10/20/2026		Wednesday, 10/21/2026		Thursday, 10/22/2026		Friday, 10/23/2026	
		Breaded Chicken on Maple Waffle Sandwich		Mini Banana Loaf		French Toast Sticks w/ Syrup & Cheese Omelet		Turkey, Egg & Cheese Burrito		French Toast Waffle (Can be warmed for hot breakfast)	
		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice		Unsweetened Applesauce Cup		100% 4.23 oz Fruit Juice	
		Choice Milk & Second Fruit		Choice Milk		Choice Milk		Choice Milk		Choice Milk	
		Chef's Choice may be offered									



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WHAT GOES INTO OUR MENUS?

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					OCTOBER 2026	
	TASTY	HEALTHY	BUN	VARIETY	BALANCED	
Week II					Thursday, 10/1/2026	Friday, 10/2/2026
					Chicken & Egg Fried Rice Sliced Cucumbers Fruit Cup Slushy Choice Milk	Fresh Baked Pizza Slice Mixed Greens Salad & Dressing Chilled Pears Choice Milk
					Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Asian Chicken Dumplings Teriyaki Sauce Glazed Carrots Fresh Orange Wedges Choice Milk	Mongolian Beef Steamed Rice Roasted Broccoli & Cauliflower Medley Crisp Apple Wedges Choice Milk	French Toast Sticks w/ Syrup Tater Tots w/ Ketchup Banana Choice Milk	Meatball Manchurian Steamed Rice Steamed Green Beans Fruit Cup Slushy Choice Milk	Cheese Quesadilla Baked Beans Chilled Pears Choice Milk	
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Mandarin Orange Chicken Steamed Rice Steamed Broccoli Fresh Orange Wedges Choice Milk	Cheeseburger WG Bun, Cheese Slice & Ketchup Potato Smiles Crisp Apple Wedges Choice Milk	Pulled Chicken Taco Pulled Chicken Taco filling served with WG Tortilla & Shred Cheddar Cheese Seasoned Black Beans Banana & Choice Milk	Beef Fun-Trio Snax Fun Sized Mini Beef crumble stuffed Triangles Steamed Peas Fruit Cup Slushy Choice Milk	Fresh Baked Pizza Slice Sliced Cucumbers Chilled Pears Choice Milk	
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Crispy Chicken Tenders Ketchup Mashed Potatoes Fresh Orange Wedges Choice Milk	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Cheese & Salsa Cheesy Refried Beans Crisp Apple Wedges Choice Milk	Asian Chicken Dumplings Seasoned Teriyaki Sauce Steamed Broccoli Banana Choice Milk	Pizza Crunchers Steamed Peas Fruit Cup Slushy Choice Milk	Premium Chicken Patty Sandwich WG Bun & Ketchup CKC Baked Beans Chilled Pears Choice Milk	
	COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie



K-12

October-Breakfast



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TASTY		HEALTHY	FUN	VARIETY		BALANCED					
Week II	BREAKFAST				Thursday, 10/1/2026		Friday, 10/2/2026				
					Turkey Egg & Cheese Egg Roll		Fun Friday Hot Breakfast				
							Dutch Waffle				
					100% 4.23 oz Fruit Juice						
					Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit				
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week III	BREAKFAST	Monday, 10/5/2026		Tuesday, 10/6/2026		Wednesday, 10/7/2026		Thursday, 10/8/2026		Friday, 10/9/2026	
		Warm Mini Pizza Bagels		All Beef Country Gravy Breakfast Pizza		Turkey, Egg & Cheese Burrito		Warm Pancake Puffs		Fun Friday Hot Breakfast	
										Choco Donut Bites	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week IV	BREAKFAST	Monday, 10/12/2026		Tuesday, 10/13/2026		Wednesday, 10/14/2026		Thursday, 10/15/2026		Friday, 10/16/2026	
		Chicken Sausage & Chz on Maple Pancake Sandwich		Breakfast Chicken Soup		BYO Bagel Sandwich - Sliced Waffle w/ Egg Patty & Cheese		Egg & Cheese Croissant Sandwich		Fun Friday Hot Breakfast	
										Lemonpoppy Breakfast Bread	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											
Week V	BREAKFAST	Monday, 10/19/2026		Tuesday, 10/20/2026		Wednesday, 10/21/2026		Thursday, 10/22/2026		Friday, 10/23/2026	
		Breaded Chicken on Maple Waffle Sandwich		Breakfast Fried Rice		French Toast Sticks w/ Syrup & Turkey Sausage		Turkey, Egg & Cheese Burrito		Fun Friday Hot Breakfast	
										Chocolate Swirl	
		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice		100% 4.23 oz Fruit Juice			
		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		Choice Milk & Second Fruit		100% 4.23 oz Fruit Juice Choice Milk & Second Fruit	
Entrée of the Day is 2 Whole Grain Items Equivalent.											



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	TASTY	HEALTHY	BUN	VARIETY	BALANCED	
Week II				Thursday, 10/1/2026	Friday, 10/2/2026	
				Fusion Fried Rice Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC Steamed Carrots & Peas Fruit Cup Slushy & Choice Milk Woohoool Special Treat Day! Chocolate Chip Cookie	Fresh Baked Pizza Slice Mixed Salad & Dressing Grapes Bunch Choice Milk	
COLD				Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Asian Chicken Dumplings Momo Sauce Glazed Carrots Fresh Orange Choice Milk	Mongolian Beef & Rice Seasoned Mongolian Beef served on Cilantro Rice Roasted Broccoli & Cauliflower Medley Crisp Apple Choice Milk	French Toast Sticks w/ Syrup Tater Tots w/ Ketchup Sliced Cucumbers Banana Choice Milk	Meatball Manchurian Brothless Ramen & Saucy Manchurian Meatballs, Served with Crisp Broccoli, Shred Carrots & Cabbage Steamed Green Beans Fruit Cup Slushy & Choice Milk	Premium Corn Dog WG Chicken Corn Dog served with Ketchup Baked Beans & Carrots Grapes Bunch & Choice Milk Woohoool Special Chips Day! Baked Cheetos	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Mandarin Orange Chicken Veggie Fried Rice Steamed Broccoli Fresh Orange Choice Milk	Cheeseburger WG Bun, Cheese Slice & Ketchup Seasoned Corn Crisp Apple & Choice Milk Hooray! Special Chips Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Lettuce, Shred Cheddar Cheese & Mild Salsa Seasoned Black Beans Banana & Choice Milk	Beef Pho Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings Sliced Cucumbers & Dip Fruit Cup Slushy WG Dinner Roll & Choice Milk	Fresh Baked Pizza Slice Baby Carrots Grapes Bunch Choice Milk	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Mild Chipotle Chicken Drumstick Fresh Bakery Roll Mashed Potatoes & Steamed Green Beans Fresh Orange & Choice Milk Woohoool Special Treat Day! Brownie Chocolate Chip Cookie	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Shred Lettuce, Cheese & Crema Warm Street Corn Crisp Apple Choice Milk	Asian Chicken Dumplings Momo Sauce Steamed Broccoli Banana Choice Milk	Hmong Sausage Warm Seasoned Rice Carrot Slims & Dip Fruit Cup Slushy Choice Milk	Premium Chicken Sandwich Ketchup Sliced Cucumbers CKC Baked Beans Grapes Bunch & Choice Milk	
COLD	Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie	



6-12

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	TASTY	HEALTHY	BUN	VARIETY	BALANCED
Week II				Thursday, 10/1/2026	Friday, 10/2/2026
				Fusion Fried Rice Indo-Chinese Chicken & Egg Fusion Fried Rice w/ Soy Sauce PC Assorted Salad Bar Fruit Cup Slushy, Fruit Juice & Choice Milk Wooohool Special Treat Day! Chocolate Chip Cookie	Fresh Baked Pizza Slice Assorted Salad Bar Grapes Bunch Choice Milk Fruit Juice
				Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026
	Asian Chicken Dumplings Teriyaki Sauce Assorted Salad Bar Fresh Orange Fruit Juice, Choice Milk	Mongolian Beef & Rice Seasoned Mongolian Beef served on Seasoned Rice Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	French Toast Sticks w/ Syrup Tater Tots Assorted Salad Bar Banana & Juice Box Choice Milk	Meatball Manchurian Brothless Ramen & Saucy Manchurian Meatballs, Serve with Crisp Broccoli, Shred Carrots & Cabbage (From Salad Bar) Assorted Salad Bar Fruit Cup Slushy, Fruit Juice & Choice Milk	Premium Corn Dog WG Chicken Corn Dog served with Ketchup Assorted Salad Bar Grapes Bunch, Fruit Juice & Choice Milk Wooohool Special Chips Day! Baked Cheetos
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026
	General Tso Chicken Veggie Fried Rice Fortune Cookie Assorted Salad Bar & Fresh Orange Fruit Juice & Choice Milk	Cheeseburger WG Bun, Cheese Slice, Chipotle Mayo & Ketchup Potato Smiles Assorted Salad Bar, Crisp Apple, Juice Box & Choice Milk Hooray! Special Chips Day! Confetti Cookie	Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Mexican Rice, Shred Cheddar Cheese & Crema Assorted Salad Bar Banana, Juice Box & Choice Milk	Beef Pho Top the Pho Noodle Soup with seasoned Beef meatballs & Fixings Assorted Salad Bar Fruit Cup Slushy WG Dinner Rolls, Fruit Juice & Choice Milk	Fresh Baked Pizza Slice Assorted Salad Bar Grapes Bunch Choice Milk Fruit Juice
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026
	Chipotle Chicken Drumstick Seasoned Rice Assorted Salad Bar Fresh Orange, Fruit Juice & Choice Milk Wooohool Special Treat Day! Brownie Chocolate Chip Cookie	Street Style Chicken Burrito Wrap Taco Seasoned Chicken Carnitas, Wrap, Taco Rice, Cheese & Crema Assorted Salad Bar Crisp Apple & Juice Box Choice Milk	Asian Chicken Dumplings Seasoned Teriyaki Dip Assorted Salad Bar Banana & Juice Box Choice Milk	Hmong Sausage w/ Thai Chili Sauce Warm Seasoned Rice Assorted Salad Bar Fruit Cup Slushy Fruit Juice & Choice Milk	Spicy Chicken Sandwich Ketchup & Mayo Potato Smiles w/ Ketchup Assorted Salad Bar & Grapes Bunch Fruit Juice & Choice Milk
	COLD Pesto Chicken & Provolone Cheese Sandwich	Peanut Free Butter Sandwich	Chicken Salad Bun	Deli Turkey & Cheese on WW Bread w/ Mayo	Chicken Club Hoagie